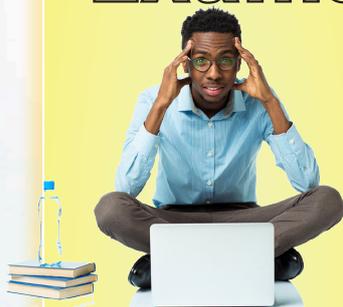


NAMCOL NEWS



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Meet Ismael Inamushaala Elago

Diploma in Education for Development student

I learned about this institution long ago when I was at a combined school. By then NAMCOL was labelled as an institution for Grade 10 and Grade 12 failures only. Through the media I learnt that NAMCOL has come up with vocational and tertiary level programmes. This encouraged me to get a NAMCOL prospectus and read more information for the course I wish to study for.

How did you enrol? How was the whole application process towards admission?

Having learnt about all NAMCOL tertiary programmes, I also tried to find out when to apply and where to get the application forms. Through the NAMCOL website I managed to download the application form and I applied. The period for application was between June and July and the application fee was N\$100.00. After submitting my application form, I waited for a few months and somewhere in November I was notified that my application was successful.

How are the Namcol courses in terms of affordability and students welfare?

Comparing to other institutions, NAMCOL courses are really affordable. Although all courses are done on distance, contact sessions are really important and help students a lot when it comes to their studies. With distance studies, students can study at their own time and pace. Experienced tutors hired by NAMCOL makes it easier for students to perform well.

Tell us more about the course you are studying and your future plans after completing that course

I am currently doing a Diploma in Education for Development which is a broad course and everybody can go far with it. I am not only studying for the sake of studying but I am aiming for opportunities and carrier growth. In 10 years' time I am foreseeing NAMCOL beating other institutions by offering affordable, accredited, market-related and nice courses, PhDs might be offered at NAMCOL by then.

Take Panic out



Here are some tips to de-stress you during an exam:

- Eat before the exam – even if it’s a light meal of fruit, a vegetable, juice or smoothie?and some nuts
- Go to the toilet before you start the exam and make sure you are not too hot or cold. Close your eyes, breathe deeply and then, and only then, turn over the exam paper.
- Take time to read through all the questions and instructions carefully.
- There is no need to rush. Complete the questions you know the answers to first and come back for the others later.
- Plan your answers. Planning and rough notes will help your thoughts to flow.

PETE STUDENTS



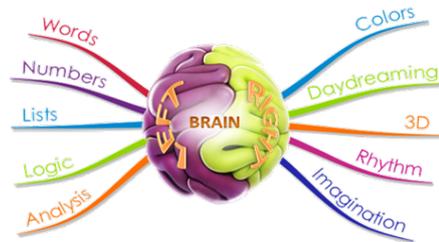
PETE Learners recently took part in a radio debate on Radio Energy against Hage Geingob High School on the topic: The Government should restrict freedom of speech.



Our PETE students debated for the motion and the first speaker, Seldon Mubumbe, a Commerce learner and experienced debater, told ENews that they found the debate very interesting and challenging, adding that if they had a coach and sufficient time to prepare, they would have done much better.

His eyes lit up when informed that NAMCOL had a national debating competition some time back that pitted regions against each other. He added

of Exams



- Try to ignore everyone else.
- Completing an easy question first may boost your confidence and relax you. Doing a more difficult one while you are still alert may be best for you. You choose.
- Manage your time. If you don't have enough time for the final answer, make a skeleton answer in note form. At least you have put something down!
- Check spelling and punctuation, but avoid perfectionism.
- If you panic, put down your pen and relax. Breathe slowly; close your eyes for a few moments. If it helps, put your head on the desk. Move your

head slowly from side to side to relieve tension or do? something positive and encouraging to yourself. Imagine yourself somewhere happy and relaxed.

- Simply do your best, that's all that counts.

If you feel unwell, ask for permission to leave the room for a short time. A few deep breaths of fresh air or a drink of water will help to calm you. Various homeopathic herbal remedies and flower essences are available that may help you to stay calm.

DEBATE ON RADIO ENERGY



that he would have loved to participate in something like that as there are many talented and outspoken young people that would have enjoyed a good challenge.

The second debate took place against Chairman Mao Zedong High under the theme, "RAISE"? Raise your argument, not your voice" and again proved a good contest.



For now the National Debating Competition which was last held in Rundu, has been shelved due to financial constraints.

Exams Tips from the Director



Dr. Murangi, encourage learners to study and study to make themselves proud, their parents, our College and our Nation Namibia. “Only thing you can do for me is to past, get good grades. We are here because of you. Hard-work, Perseverance and Commitment is key to success in any career.

1. Before the exams:

- Have a timetable
- ID/ identification form with your passport photo
- At least two pens
- Be punctual at least 15 minutes before the time
- Do revision with friends
- Form a Whatsapp group (make sure it is not too large)
- Use the phone for the right purpose
- Have a highlighter if possible
- Abstain from girls, boys and alcohol
- Windhoek show ground “Go for 2 hours or totally suspend to focus on exams”
- Study, study and study....
-

2. During exams:

Read the instruction first and analyse

Always start with what you know, prioritize your work and make progress

Manage your time properly

Listening comprehension be extra early to get the best spot

Get enough rest and do physical activity

Have positive mind and get positive results

3. After the exams:

Prize giving for best performing candidates

Questions and answers sessions:

1. Need for learner Wi-Fi? The College will look into it... It is there but weak? The Director also caution those who may use it for the wrong reasons that the College may restrict or limit time to control.
2. PETE T-shirts? Dr. told the learners to pay-up and collect from the Head of Centre.
3. What about those without IDs? They go Learner support Southern region to get Verification of identity forms, attached passport photos, certificate with the police and use that during exams.
4. Learners want to sunrise? Director responded by saying if it is well organised with security it may work? The College will look into it.
5. Additional the restrictive access to the Resource Centre will continue till the last examination paper written and all available space around the College should use. As study area number is open and already in use by the learners around the campus.

Now the ball is in your court”



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