



**For further information,  
please contact:**

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**2026**

**Student  
Welfare Services**



Visit our website  
[www.namcol.edu.na](http://www.namcol.edu.na)



**TAKING EDUCATION TO THE PEOPLE**



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**TAKING EDUCATION TO THE PEOPLE**

## 1. Introduction

The Student Welfare Unit exists to ensure that every learner feels supported and empowered through their academic journey.

NAMCOL recognises the importance of student well-being in relation to their academic progression. Therefore, we provide professional services that promote mental, physical, social, and academic well-being, creating a safe and inclusive learning environment.

## 2. What is the role of the Student Welfare Office?

- To promote holistic student wellness and academic success.
- To provide psycho-social and emotional support.
- To offer intervention, counselling, and referrals where needed.
- To advocate for a safe and inclusive student environment.
- To support students living with disabilities.
- To provide guidance and support to part-time counsellors who will provide counselling services to students in the regions.

## 3. The following services will be offered at the College through the office of the Student Welfare Coordinator:

- Career and Vocational Counselling
- Study Methods
- Individual and Group Counselling
- Psycho-Social and Academic Support for Students
- Support for Students with Special Educational Needs
- Psychometric Testing
- Student Counselling Workshops
- Support Staff Training
- Student Welfare Publications

## 4. Who can seek help?

- Any student at any time.
- No problem is too small.
- All services are free and confidential.

### **You may need counselling if you experience any of the following:**

- Academic Challenges
- Depression or Anxiety
- Relationship Difficulties
- Social Isolation / Shyness
- Life Transition Challenges
- Eating Disorders / Body Image Issues
- Lack of Motivation
- Uncontrolled Emotions
- Bereavement / Loss

### **(Please note that the above list is not exhaustive)**

These services are free for all NAMCOL students, you can get access to the services by contacting your nearest regional office.

## 5. Need someone to talk to?

Your wellbeing is our priority.  
We are here to listen, guide and support.

### **Where to find us**

Student Welfare Services  
Tel (061) 320 5301